

CLOTHING GUIDELINES FOR QMSA

(adapted from AMSA Operations Manual v9)

All players are to be attired in clean and customarily acceptable squash clothing in accordance with the clothing regulations of the [World Squash Federation \(Sections L and W14\)](#).

In particular, at QMSA tournaments, players should note the following:

- Players may wear clothing of any color or combination of colours;
- Playing clothing for men shall consist of a sleeveless shirt, short sleeved shirt with attached collar or non-cotton t-shirt, shorts, socks and playing shoes. Long sleeved body compression tops are allowed to be worn under tops and compression shorts above the knee and full leg compression garments (including but not limited to leggings) are allowed to be worn under playing shorts. Compression socks up to below the knee are also permitted;
- Playing clothing for women shall consist of a polo shirt with attached collar or non-cotton t-shirt, or a sleeveless non cotton vest top, worn with a skort, skirt, shorts or dress, socks and playing shoes. Long sleeved body compression tops are allowed to be worn under top and compression shorts above the knee and full leg compression garments are allowed to be worn under playing skorts, skirts, shorts or dresses. Compression socks up to or below the knee are also permitted;
- Other garments may be worn during play for cultural/religious reasons with the prior permission of the Tournament Director;
- The use of tracksuit trousers is permitted in normal play.
- Players shall dress and present themselves for play in a professional manner. Clean and customarily acceptable squash attire shall be worn.
- Any jewellery or watches worn by a player shall not be so conspicuous or so brightly reflecting as to distract or unsight an opponent and shall not be potentially dangerous.
- Shoes must have non-marking soles.
- The Tournament Referee/Director will have the final word on any decision of acceptability.

Approved QMSA Minutes:

1. 12 July 2025 (Item 11)
2. 27 June 2026